

Measles is an acute, highly contagious viral disease. Symptoms include fever, runny nose, cough, red, watery eyes and rash. Although measles is usually considered a childhood disease, it can be contracted at any age.

Are you protected?

You are considered protected (immune) if you have ONE of the following:

- You were born before 1957, OR
- You have documentation of 2 doses of MMR vaccine, OR
- You have had measles diagnosed by a healthcare provider



If you are unsure about your vaccination status or previous infections, talk to your healthcare provider.

Immunity is the only defense against Measles.

- Two doses of the MMR vaccine are approximately 97% effective at preventing measles. Ohio requires two doses of measles-containing vaccine for all school-enrolled children. Adults born after 1957 who have not had measles or received two doses of MMR should also consider vaccination.
- Individuals who are pregnant, immunocompromised, or have concerns about vaccine eligibility are encouraged to consult with their healthcare provider.

Measles symptoms typically develop 7 to 14 days after exposure, can last up to 10 days, and may include:



High fever



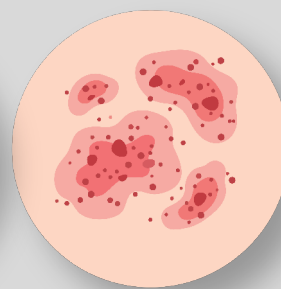
Cough



Runny nose

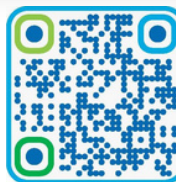


Red & watery eyes



Rash

**Your Health Department.
Protecting Your Community.**



419-352-8402
1840 E. Gypsy Lane Rd.
Bowling Green, OH
Visit us online @
WoodCountyHealth.org

DAY 1-4

(Incubation & Early Signs)

Virus multiplies quietly.
Mild symptoms start.



Slight
headache



Feeling
tired



DAY 5-8

(Symptoms Worsen - Prodromal)

Classic symptoms peak.
Contagious before rash.



Red &
watery
eyes



Runny
nose



Fever
begins



Cough



DAY 9-14

(Rash & Recovery Start)

Rash is fully present
beginning on face
before spreading down
the trunk.



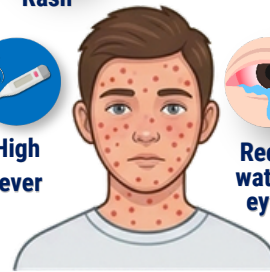
Rash



High
fever



Red &
watery
eyes



DAY 15+

(Convalescence & Healing)

Recovery begins.
Fever may break.
Upper respiratory
symptoms begins to
clear up.
Skin starts healing.



How is Measles treated?

Symptoms can be treated but not the illness. Healthcare providers recommend bed rest, fluids and medication to treat fever.

What to do if you were in a location of potential measles exposure

1. Find out if you have been vaccinated for measles or have had measles previously. If you are unsure about your vaccination status or previous infections, talk to your healthcare provider.
2. Call a healthcare provider promptly if you develop illness with fever or unexplained rash. To avoid possibly spreading measles to others, call the provider or hospital first to tell them you want to be checked.
3. Find and complete the Measles Close Contact Information Form on woodcountyhealth.org or by scanning the QR code.



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