

Support When You Need It

If an illness exposure is affecting your ability to meet your everyday needs, you don't have to figure everything out on your own. The resources below can help with food, housing and utilities, healthcare, transportation, and other community needs.

Food Assistance

Department of Job and Family Services	844-640-6446
All Saints Catholic Church (Northern W.C.)	419-666-1393
BG Christian Food Pantry (BG)	419-353-5174
Bridge Fellowship (North Baltimore)	419-857-8177
Brown Bag Food Project (Wood)	419-960-5345
Christ United Methodist Church (Wood)	419-686-2621
First United Methodist (Wood)	419-353-0682
Foundation Stone Church (Northwood)	419-693-5102
God's Storehouse (Lakota)	419-288-2114
Good Samaritan Food Pantry (Eastwood)	419-287-4182
Luckey Food Pantry (Eastwood)	419-833-2146
Mom's Mobile Mission (Northern W.C.)	419-277-3618
Otsego Food Pantry (Otsego)	419-830-1051
Pantry Plus (Fostoria)	419-619-0183
Pbg Christians United (North of 582)	419-874-7561
Sharing Kitchen (Fostoria)	419-436-1667
St. Aloysius Food Pantry (Wood)	419-352-4195
St. John's Lutheran Church (North W.C.)	419-837-5115
St. Thomas More Food Pantry (Wood)	419-352-7555
Unity United Methodist- (Northwood)	419-693-5170
Weston Church of Christ	419-669-3895

Rent/ Mortgage

Department of Job and Family Services	419-352-7566
Great Lakes CAP (WSOS)	419-333-4006
Salvation Army	419-352-5918
Veterans Service Office	419-354-9147
Area Ministries	419-315-5248
Perrysburg Christians United (Pbg only)	419-407-7857

Utility Assistance

Great Lakes CAP (WSOS)	419-273-4212
Department of Job and Family Services	419-352-7566
Salvation Army	419-352-5918
Wood County Area Ministries	419-315-5248
Perrysburg Christians United	419-407-7857

Medical Assistance

Wood County Community Health Center	419-354-9049
Wood County Hospital	419-354-8910
WCH ER	419-354-8900
Department of Job and Family Services	844-640-6446
Salvation Army in Wood County	419-352-5918

Diapers

Brown Bag Food Project	419-960-5345
Department of Job and Family Services	419-352-7566
Her Choice Pregnancy Ctr. (clients only)	419-354-4673

Getting Food, Medications and Other Essentials While Avoiding Contact with Others

If you have been asked to avoid contact with others after an illness exposure, you may need help getting groceries, prescription medications or other necessities. Do not visit stores, pharmacies, food pantries or other public locations during this time.

Groceries and Meals

- Ask a friend, family member or neighbor to shop for you and leave items outside your door.
- Use grocery or meal delivery when available. Choose contact-free delivery and ask that items be left outside your door.
- If you need food assistance, call a local food pantry before visiting. Explain that you have had an illness exposure and ask whether someone else can pick up food for you or if another arrangement is available.

Prescription Medications

- Call your pharmacy and ask about home delivery, mail delivery or curbside options.
- Ask whether a trusted friend or family member can pick up your prescription for you.
- If you are running low on an important medication, contact your pharmacy or healthcare provider as soon as possible.

Mental Health & Emotional Support

Being asked to avoid contact with others can be stressful. You may feel worried, isolated, overwhelmed or concerned about work, finances or your family. You don't have to manage those feelings alone.

- Wood County Crisis Line (Adults 18+) Call **419-502-HOPE (4673)** for 24/7 crisis support.
- Children's Resource Center (Under 18) Call **419-352-7588** for youth crisis support.
- Call or text **988** for 24/7 support during a mental health, emotional or substance use crisis.
- Text **4HOPE to 741741** for crisis support.
- If there is an immediate danger or medical emergency, call **911**.

Need Help Finding a Resource?

Not sure where to find the help you need? Call **2-1-1** to connect with local and regional resources for food, housing, utilities, transportation, health care and other needs.



FOR REGIONAL AND
STATE RESOURCES,
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