

Measles Protection:

What Our Community Should Know

Who Does Not Need a MMR Booster

- **Two-dose recipients:** If you have documentation of two MMR doses, your protection is lifelong.
- **Born before 1957:** You are presumed to have immunity because measles circulated widely before the vaccine existed.
- **Prior infection:** If you have laboratory confirmation that you already had measles.

Who May Need an Additional Dose?

- **Vaccinated between 1963 and 1967:** If you received an inactive (killed) measles vaccine during these years, you should get a modern live MMR dose.
- **Received only one dose:** Adults vaccinated between 1968 and 1989 often received only one dose. One dose is generally acceptable for low-risk adults, but a second dose is recommended for full protection.
- **Uncertain status:** If you have no medical records or do not know your vaccination history, getting an MMR dose is considered safe.