

Germs can live in the

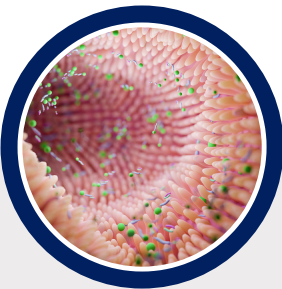
# GUT.

KNOW WHERE GERMS LIVE TO STOP SPREAD AND PROTECT PATIENTS.



## WHERE IS THE RISK?

- The gut is filled with bacteria and some yeasts, which are part of a healthy immune system.
- Most gut germs don't cause problems in healthy people, but they can cause infection when they spread.
- Germs in stool can spread onto hands and skin when wiping or changing a diaper.



### GERMS THAT LIVE IN THE GUT

- *E. coli*
- *Klebsiella*
- *Candida*
- *Clostridioides difficile* (*C. diff*)



### HEALTHCARE TASKS INVOLVING THE GUT

- Toileting/changing diapers
- Bathing a patient
- Laundry



### INFECTION CONTROL ACTIONS TO REDUCE RISK

- Hand hygiene
- Use of personal protective equipment (gloves and gowns)
- Cleaning and disinfection
- Textile management
- Waste management



**PROJECT  
FIRST LINE**

CDC's National Training Collaborative  
for Healthcare Infection Prevention & Control



**Wood County  
Health Department**