

Wood County Community Health Improvement Planning

Meeting #1

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Hospital Council of Northwest Ohio

Zoom Housekeeping Rules

- Please make sure to mute yourself so everyone can hear without any background noise interruptions.
- If you have a comment, please wait until I am done going over the slide then please feel free to unmute yourself and provide feedback. You can also type your comment in the chat box.
- We will be recording this meeting for our internal use. The recording will not be shared or sent out to anyone. This allows us to go back and listen to make sure that we are taking down everyone's feedback.

CHIP Meeting Format & Timeline

CHIP Meeting Format

Old Meetings

- 4 meetings total
- In-person
- 4 hours
- Assessments completed during meetings

New Meetings

- 4 meetings total
- Virtual (Zoom)
- ★ 2.5 hours
- ★ Surveys (assessments) completed before meetings
 - The results from the surveys (assessments) will be presented at each meeting, it is **crucial** that each person makes sure they are taking the surveys that are being sent out via email

CHIP Planning Timeline

- In the next 4 meetings, we will complete the following planning steps:



Meeting 1 (4/8):

- Choose Priorities (Key Issues results)
- Quality of Life Survey
- Going over homework for the next meeting

➤ **Meeting 2 (4/22):**

- LPHSA (Health Department only)
- Forces of Change
- Community Themes & Strengths
- Going over homework for the next meeting

➤ **Meeting 3 (5/13):**

- Quality of Life Results
- Gap Analysis and Potential Strategies
- Going over homework for the next meeting

➤ **Meeting 4 (6/10):**

- Review of Action Steps
- Review of Draft Plan
- Resources

Meeting #1 Agenda

- Review of process and timeline
- Review state health improvement plan (SHIP) & alignment
- Review identified key issues (SurveyMonkey results)
- Determine priorities
- Quality of Life, community themes & strengths, and forces of change

CHIP Process

Why MAPP?

- Mobilizing for Action through Planning and Partnership (MAPP) is a community-driven strategic planning process for improving community health.
- This tool helps communities to strategically think and prioritize public health issues and identify the resources needed to address those issues.

MAPP Framework

- **There are 6 MAPP Phases:**
 - Organizing
 - Visioning
 - Assessments
 - Strategic Issues
 - Goals/Strategies
 - Action Cycle

Phase 3: Assessments

Step 1. Community Health Assessment – “What does the health status of our community look like?”

Step 2. Community Themes & Strengths – “What is important to our community?”

Step 3. Forces of Change – “What is happening or will happen that affects the health of our community and local public health system?”

Step 4. Local Public Health System Assessment (LPHSA) – “What are the activities of our local public health system and how are the 10 Essential Public Health Services being provided?”

–LPHSA includes: hospitals, law enforcement, community centers, schools, etc.

State Health Assessment + State Health Improvement Plan

State Health Assessment

- The SHA is a comprehensive and actionable picture of health and wellbeing in Ohio. It describes the current health status of health in Ohio and highlights the state's opportunities to improve health outcomes, reduce disparities, and control healthcare spending. The purpose of the SHA is to:
 - Inform identification of priorities in the state health improvement plan (SHIP)
 - Provide a template for state agencies and local partners, with a uniform set of categories and metrics to use in related assessments
- The SHA was released in September 2019

State Health Improvement Plan (SHIP)

- The 2019 SHA informs the 2020-2022 SHIP. Released in June 2020
- This 2020-2022 SHIP lays out specific goals and strategies designed to achieve measurable improvements on key priorities
- The SHIP was developed with input from many state and local-level stakeholders and serves as a strategic menu of priorities, objectives, and evidence-based strategies to be implemented by:
 - State agencies
 - Local health departments, hospitals, and other community partners
 - Sectors beyond health, including education, housing, employers, regional planning, etc.

**Alignment with the State Health
Assessment + State Health
Improvement Plan**

Alignment with the SHIP



Equity

Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

Priorities

The SHIP identifies three priority factors and three priority health outcomes that affect the overall health and well-being of children, families and adults of all ages.

What shapes our health and well-being?

Many factors, including these **3 SHIP priority factors***:

Community conditions

- Housing affordability and quality
- Poverty
- K-12 student success
- Adverse childhood experiences

Health behaviors

- Tobacco/nicotine use
- Nutrition
- Physical activity

Access to care

- Health insurance coverage
- Local access to healthcare providers
- Unmet need for mental health care

How will we know if health is improving in Ohio?

The SHIP is designed to track and improve these **3 SHIP priority health outcomes**:

Mental health and addiction

- Depression
- Suicide
- Youth drug use
- Drug overdose deaths

Chronic disease

- Heart disease
- Diabetes
- Childhood conditions (asthma, lead)

Maternal and infant health

- Preterm births
- Infant mortality
- Maternal morbidity

All Ohioans achieve their full health potential

- Improved health status
- Reduced premature death

Vision
Ohio is a model of health, well-being and economic vitality

Alignment with the SHIP – Priority Factors



Example:

- **Choose 1 of 3 state priorities factors**
 - Community conditions, health behaviors, access to care
- **Choose 1 indicator for each priority**
 - Ex: Poverty, physical activity, health insurance coverage
- **Choose 1 strategy per priority area**
 - Ex: Adult poverty, adult physical inactivity, uninsured adults

Example: Community conditions → Poverty → Adult Poverty

Alignment with the SHIP – Priority Health Outcomes



Example:

- **Choose 1 of 3 state priority health outcomes**
 - Mental health and addiction, chronic disease, maternal and infant health
- **Choose 1 indicator for each priority**
 - Ex: Depression, heart disease, infant mortality
- **Choose 1 strategy per priority area**
 - Ex: Adult depression, hypertension, infant mortality

Example: Chronic disease → Heart Disease → Hypertension

STEP
1

Identify at least one priority factor and at least one priority health outcome

Priority factors	Priority health outcomes
<input type="checkbox"/> Community conditions (strongly recommended)	<input type="checkbox"/> Mental health and addiction
<input type="checkbox"/> Health behaviors	<input type="checkbox"/> Chronic disease
<input type="checkbox"/> Access to care	<input type="checkbox"/> Maternal and infant health

STEP
2

Select at least 1 indicator for each identified priority factor

Priority factors	
Community conditions	
Topic	Indicator name*
Housing affordability and quality	<input type="checkbox"/> CC1. Affordable and available housing units
Poverty	<input type="checkbox"/> CC2. Child poverty
	<input type="checkbox"/> CC3. Adult poverty
K-12 student success	<input type="checkbox"/> CC4. Chronic absenteeism (K-12 students)
	<input type="checkbox"/> CC5. Kindergarten readiness
Adverse childhood experiences	<input type="checkbox"/> CC6. Adverse childhood experiences (ACEs)
	<input type="checkbox"/> CC7. Child abuse and neglect
Health behaviors	
Topic	Indicator name*
Tobacco/nicotine use	<input type="checkbox"/> HB1. Adult smoking
	<input type="checkbox"/> HB2. Youth all-tobacco/nicotine use
Nutrition	<input type="checkbox"/> HB3. Youth fruit consumption
	<input type="checkbox"/> HB4. Youth vegetable consumption
Physical activity	<input type="checkbox"/> HB5. Child physical activity
	<input type="checkbox"/> HB6. Adult physical inactivity
Access to care	
Topic	Indicator name*
Health insurance coverage	<input type="checkbox"/> AC1. Uninsured adults
	<input type="checkbox"/> AC2. Uninsured children
Local access to healthcare services	<input type="checkbox"/> AC3. Primary care health professional shortage areas
	<input type="checkbox"/> AC4. Mental health professional shortage areas
Unmet need for mental health care	<input type="checkbox"/> AC5. Youth depression treatment unmet need
	<input type="checkbox"/> AC6. Adult mental health care unmet need

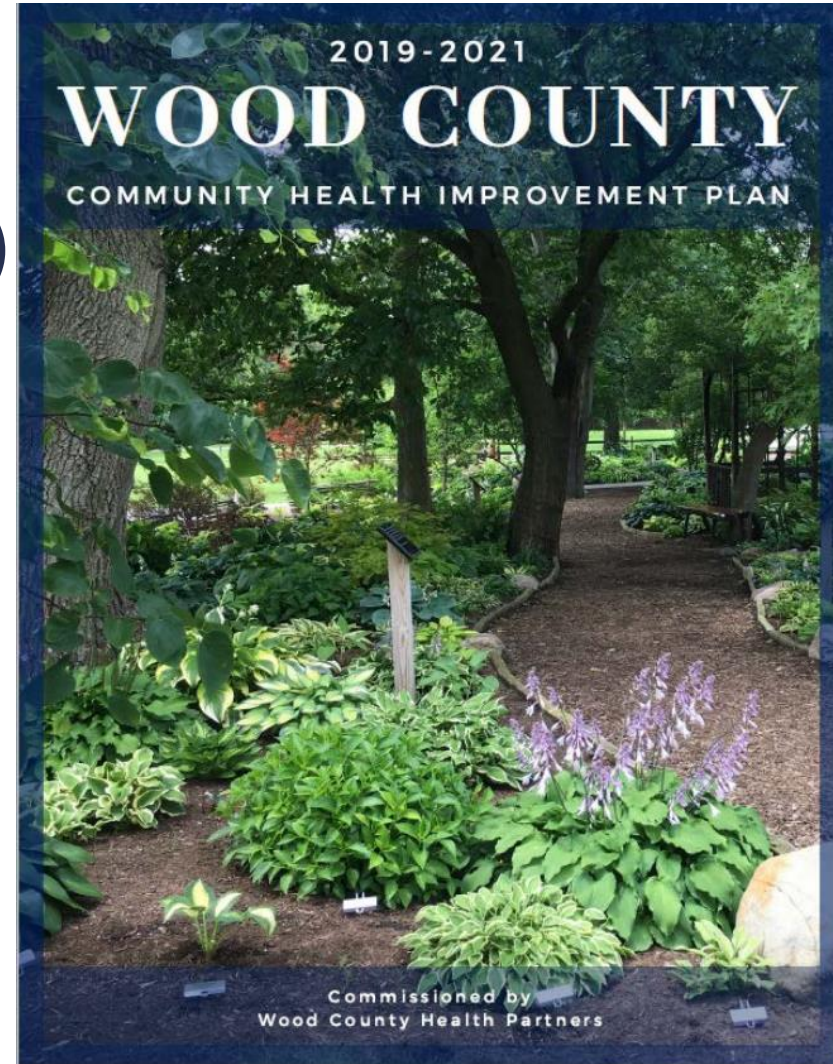
STEP
2

(cont.) Select at least 1 indicator for each identified priority health outcome

Priority health outcomes	
Mental health and addiction	
Topic	Indicator name*
Depression	<input type="checkbox"/> MHA 1. Youth depression
	<input type="checkbox"/> MHA 2. Adult depression
Suicide deaths	<input type="checkbox"/> MHA3. Youth suicide deaths
	<input type="checkbox"/> MHA4. Adult suicide deaths
Youth drug use	<input type="checkbox"/> MHA5. Youth alcohol use
	<input type="checkbox"/> MHA6. Youth marijuana use
Drug overdose deaths	<input type="checkbox"/> MHA7. Unintentional drug overdose deaths
Chronic disease	
Topic	Indicator name*
Heart disease	<input type="checkbox"/> CD1. Coronary heart disease
	<input type="checkbox"/> CD2. Premature death - heart disease
	<input type="checkbox"/> CD3. Hypertension
Diabetes	<input type="checkbox"/> CD4. Diabetes
Harmful childhood conditions	<input type="checkbox"/> CD5. Child asthma morbidity
	<input type="checkbox"/> CD6. Child lead poisoning
Maternal and infant health	
Topic	Indicator name*
Preterm births	<input type="checkbox"/> MIH1. Total preterm births
Infant mortality	<input type="checkbox"/> MIH2. Infant mortality
Maternal morbidity/mortality	<input type="checkbox"/> MIH3. Severe maternal morbidity

CHIP History

- Previous CHIP Priorities (21 total strategies):
 - **Mental Health and Addiction** (11 total strategies)
 - Includes adult and youth mental health, substance abuse; youth bullying/violence
 - **Chronic Disease** (5 total strategies)
 - Includes adult, youth, and child obesity; adult diabetes and heart disease
 - **Cross-Cutting** (5 total strategies)
 - Includes public health system, prevention and health behaviors; healthcare system and access



Priority Selection

Identifying Key Issues and Concerns

Identifying Key Issues and Concerns

You will be part of a committee to determine key issues and concerns identified during the completion of the health assessment. To facilitate this process, it will be important for **each organization** within the committee to do some advance work and study the county health assessment report as well as other local data. Please review the report carefully and write your answers to the following questions. Be as specific as possible identifying the key issue, the percent of the population it affects, and the age group, income level and/or gender most affected. Please bring your answers with you to the next meeting.

Organization Name: _____

Q. What are the five (5) most significant health issues or concerns identified in the health assessment report?

Key Issue or Concern	Demographic (Adult, Youth, and/or Child)	Percent Most at Risk	Age Group, Income, and/or Grade Level (if applicable) Most at Risk	Gender Most at Risk
Example: Obesity	Adult	38%	Age: 30-64 (42%) Income: >\$25,000 (40%)	Male (41%)
1.				
2.				
3.				
4.				
5.				

SurveyMonkey Key Issue Results

Total – 26 organizations

Key Issue Survey Results - Adult

Adult Key Issues

Key Issue or Concern	Percent of Population At risk	Age Group (or Income Level) Most at Risk	Gender Most at Risk
Adult Mental Health (20 votes)			
Adults who felt sad or hopeless for 2 or more weeks in a row in the past 12 months	12%	Age: Under 30 (30%) Income: <\$25K (18%)	Males (15%)
Adults who seriously considered attempting suicide in the past 12 months	3%	N/A	N/A
Adults reporting attempting suicide in the past 12 months	3%	N/A	N/A
Adults who looked for assistance programs/services for mental health problems but could not find one	10%	N/A	N/A
Adult Weight Status (15 votes)			
Adults identified as obese (includes severely and morbidly obese, BMI of 30.0 and above)	37%	Age: 65+ (38%) Income: <\$25K (68%)	Female (39%)
Adults identified as overweight (BMI of 25.0-29.9)	32%	Age: Under 30 (38%) Income: \$25K+ (33%)	Males (44%)
Adult Alcohol Consumption (9 votes)			
Adult current drinkers (drank alcohol at least once in the past month)	71%	Age: Under 30 (88%) Income: <\$25K (81%)	Males (79%)
Average number of drinks adults consumed per drinking occasion	3.5	Age: 30-64 (3.8) Income: <\$25K (6.6)	Female (4.0)
Adult binge drinkers (defined as consuming more than four [women] or five [men] alcoholic beverages on a single occasion in the past 30 days)	32%	N/A	N/A

N/A - Not Available

Key Issue Survey Results - Adult

Adult Key Issues

Key Issue or Concern	Percent of Population At risk	Age Group (or Income Level) Most at Risk	Gender Most at Risk
Adult Drug Use (7 votes)			
Adult who used recreational marijuana in the past 6 months	9%	Age: Under 30 (22%) Income: <\$25K (13%)	Males (10%)
Adult prescription medication misuse in the past 6 months	5%	Age: 65 & older (10%) Income: <\$25K (11%)	Females (8%)
Adult Poverty (7 votes)			
Residents living in poverty (<i>U.S. Census Bureau, Small Area Income and Poverty Estimates, 2019</i>)	11%	N/A	N/A
Adult Tobacco Use (5 votes)			
Adult current smokers	10%	Age: 30-64 (16%) Income: <\$25K (10%)	Males 16%
Adult Physical Activity (4 votes)			
Adults who did not participate in any physical activity in the past week	23%	N/A	N/A
Adult Social Determinants of Health (SDOH) (4 votes)			
Adults who experienced 4 or more ACEs in their lifetime	19%	Age: Under 30 (33%) Income: <\$25K (26%)	Females (21%)
Adult Transportation (2 votes)			
Adult health insurance that did not include transportation coverage	21%	N/A	N/A
Adult Prenatal Care (1 vote)			
During their last pregnancy, women got prenatal care within the first 3 months	76%	N/A	N/A
Adult Oral Health (1 vote)			
Adults visiting a dentist or dental clinic in the past 12 months	66%	Age: Under 30 (44%) Income: <\$25K (29%)	Males (65%)

N/A – Not Available

Key Issue Survey Results - Adult

Adult Key Issues

Key Issue or Concern	Percent of Population At risk	Age Group (or Income Level) Most at Risk	Gender Most at Risk
Adult Sexual Behavior (1 vote)			
Adult who had been forced to have sexual activity when they did not want to	14%	Age: Under 30 (30%) Income: N/A	N/A
Adult Diabetes (1 vote)			
Adult diagnosed with diabetes in their lifetime	8%	Age: 65 & older (20%) Income: <\$25K (13%)	Males (9%)
Adult Food Insecurity (1 vote)			
Adults experienced food insecurity in the past 12 months	11%	N/A	N/A
Adult Cardiovascular Disease (1 vote)			
Leading causes of death 2017-2019 - Heart disease (Ohio Public Health Data Warehouse 2017-2019)	27% of all deaths	N/A	N/A

N/A – Not Available

Key Issue Survey Results - Youth

Youth Key Issues

Key Issue or Concern	Percent of Population At risk	Age Group (or Income Level) Most at Risk	Gender Most at Risk
Youth Mental Health (21 votes)			
Youth who felt sad or hopeless for 2 or more weeks in a row in the past 12 months	29%	Age: 17 & older (42%) 14-16 (33%)	Female (36%)
Youth who had seriously considered attempting suicide in the past 12 months	14%	Age: 17 & older (27%) 14-16 (14%)	Females (18%)
Youth Violence and Bullying (11 votes)			
Youth who were bullied in the past 12 months	30%	Age: 13 & younger (31%) 14-16 (28%)	Females (38%)
Youth Weight Status (7 votes)			
Youth identified as obese	18%	Age: 17 & older (19%) 14-16, 13 & younger (17%)	Males (20%)
Youth identified as overweight	13%	Age: 17 & older, 14-16 (16%)	Females (20%)
Youth Poverty (7 votes)			
Youth residents living in poverty, 0-17 (<i>U.S. Census Bureau, Small Area Income and Poverty Estimates, 2019</i>)	10%	N/A	N/A
Youth Drug Use (6 votes)			
Youth who used marijuana in the past 30 days	5%	Age: 17 & older (18%) 14-16 (5%)	Females (6%)
Youth Tobacco/Vaping Use (6 votes)			
Youth used e-cigarettes in the past 12 months	9%	N/A	N/A
Youth vaped nicotine in the past 30 days	9%	N/A	N/A
Youth vaped marijuana in the past 30 days	5%	N/A	N/A
Youth vaped just flavoring in the past 30 days	4%	N/A	N/A
Youth Alcohol Consumption (5 votes)			
Youth current drinkers (individuals who have had at least one alcoholic drink in the past 30 days)	11%	Age: 17 & older (27%) 14-16 (12%)	Females (15%)

N/A – Not Available

Key Issue Survey Results - Youth

Youth Key Issues

Key Issue or Concern	Percent of Population At risk	Age Group (or Income Level) Most at Risk	Gender Most at Risk
Youth Social Determinants of Health (SDOH) (4 votes)			
Youth who experienced three or more ACEs in their lifetime	19%	N/A	N/A
Youth Gambling (1 vote)			
Youth experienced financial troubles that required help from family or friends	2%	N/A	N/A
Youth were restless, irritable, or anxious when trying to stop or cut down on gambling	1%	N/A	N/A
Youth lied to family members, friends, or others about how much they gambled or money they lost on gambling	1%	N/A	N/A

N/A – Not Available

Key Issue Survey Results - Child

Child Key Issues

Key Issue or Concern	Percent of Population At risk	Age Group (or Income Level) Most at Risk	Gender Most at Risk
Child Poverty (7 votes)			
Child residents living in poverty, 0-17 <i>(U.S. Census Bureau, Small Area Income and Poverty Estimates, 2019)</i>	10%	N/A	N/A
Child Bullying (4 votes)			
Children (ages 6-11) who were bullied in the past 12 months	30%	N/A	N/A
Child Health Conditions (2 votes)			
Children (ages 0-11) who had at least one health condition	30%	N/A	N/A
Child Social Determinants of Health (SDOH) 1 vote)			
Children who experienced two or more ACEs in their lifetime	5%	N/A	N/A
Child Weight Status (1 vote)			
Children identified as obese	21%	N/A	N/A
Children identified as overweight	12%	N/A	N/A

N/A – Not Available

Key Issue Survey Results – Priority Factors

▪ Community Conditions

★ Youth Violence and Bullying (11 votes)

★ Adult/Youth/Child Poverty (7 votes)

- Child Bullying (4 votes)
- Adult ACEs (4 votes)
- Youth ACEs (4 votes)
- Child ACEs (1 vote)

▪ Health Behaviors

★ Adult Weight Status (15 votes)

★ Youth Weight Status (7 votes)

★ Youth Tobacco/Vaping Use (6 votes)

- Adult Tobacco Use (5 votes)
- Adult Physical Activity (4 votes)
- Child Weight Status (1 vote)
- Food Insecurity (1 vote)

▪ Access to Care

- Transportation (2 votes)

Key Issue Survey Results – Priority Health Outcomes

▪ Mental Health & Addiction

- ★ Youth Mental Health (21 votes)
- ★ Adult Mental Health (20 votes)
- ★ Adult Alcohol Consumption (9 votes)
- ★ Adult Drug Use (7 votes)
 - Youth Drug Use (6 votes)
 - Youth Alcohol Consumption (5 votes)

▪ Chronic Disease

- Adult Heart Disease (1 vote)
- Adult Diabetes (1 vote)

▪ Maternal & Infant Health

- Prenatal Care (1 vote)

Key Issue Survey Results - Other

- Child Health Conditions (2 votes)
- Adult Oral Health (1 vote)
- Adult Sexual Behavior (1 vote)
- Youth Gambling (1 vote)

Do priorities need to change? Is there anything missing?

- Previous 2019-2021 CHIP Priorities:

- Mental Health and Addiction

- Mental Health and Addiction

- Chronic Disease

- Health Behaviors and Chronic Disease

- Cross-Cutting

- Mental Health and Addiction, Health Behaviors, Access to Care

2020-2022 SHIP Alignment:

Blue = Priority Factors

Green = Priority Health Outcomes

-  Aligned with Ohio SHIP

- For alignment, select at least 1 priority factor (community conditions, health behaviors, access to care)

Selecting CHIP Priorities!

Priority Factors

- Community Conditions
- Access to Care
- Health Behaviors

Priority Health Outcomes

- Mental Health & Addiction
- Chronic Disease
- Maternal & Infant Health

Other

- Social Wellness

Homework:

**(Community Themes & Strengths,
Forces of Change, & Quality of Life)**

Community Themes & Strengths

- MAPP Phase 3: Assessments
- Community themes and strengths assessment asks:
 - What is important to our community?
 - How is the quality of life perceived?
 - What assets do we have to improve community health?

Community Themes and Strengths: Open-Ended Questions to Committee

1. What do you believe are the 2-3 most important characteristics of a healthy community?

2. What makes you most proud of our community?

3. What are some specific examples of people or groups working together to improve the health and quality of life in our community?

4. What do you believe are the 2-3 most important issues that must be addressed to improve the health and quality of life in our community?

5. What do you believe is keeping our community from doing what needs to be done to improve health and quality of life?

6. What actions, policy, or funding priorities would you support to build a healthier community?

7. What would excite you enough to become involved (or more involved) in improving our community?

MAPP Phase 3: Assessments

- Forces of change assessment asks:
 - What is occurring or might occur that affects the health of our community or the local public health system?
 - What specific threats or opportunities are generated by these occurrences?

What are Forces of Change?

- **Forces are a broad all-encompassing category that includes trends, events, and factors**
 - **Trends** are patterns over time, such as migration in and out of a community or a growing disillusionment with government
 - **Factors** are discrete elements, such as a community's large ethnic population, an urban setting, or a jurisdiction's proximity to a major waterway
 - **Events** are one-time occurrences, such as a hospital closure, a natural disaster, or the passage of new legislation

Forces of Change: Examples

Force of Change	Threats Posed	Opportunities Created
1. New governor	<ul style="list-style-type: none">• Funding opportunities may be cut• Local organizations may be affected by budget cuts (Health District, MHRBS, Court System, etc.).• Uncertainty of programming	<ul style="list-style-type: none">• Governor may have more public health/prevention focus
2. Increase in screen time	<ul style="list-style-type: none">• Youth staying home and not interacting with others'• Social isolation/loneliness• Leads to sedentary behaviors	<ul style="list-style-type: none">• Changing the way we see patients – increased access for some
3. Waterfront revitalization	<ul style="list-style-type: none">• Bridge closure• Water quality	<ul style="list-style-type: none">• Increase in businesses• Infrastructure updates• Opportunity for more development and walking paths

Quality of Life Survey

Quality of Life Questions	Likert Scale Average Response
1. Are you satisfied with the quality of life in our community? (Consider your sense of safety, well-being, participation in community life and associations, etc.) [IOM, 1997]	4.08
2. Are you satisfied with the health care system in the community? (Consider access, cost, availability, quality, options in health care, etc.)	3.41
3. Is this community a good place to raise children? (Consider school quality, day care, after school programs, recreation, etc.)	4.16
4. Is this community a good place to grow old? (Consider elder-friendly housing, transportation to medical services, churches, shopping; elder day care, social support for the elderly living alone, meals on wheels, etc.)	3.73
5. Is there economic opportunity in the community? (Consider locally owned and operated businesses, jobs with career growth, job training/higher education opportunities, affordable housing, reasonable commute, etc.)	3.49
6. Is the community a safe place to live? (Consider residents' perceptions of safety in the home, the workplace, schools, playgrounds, parks, and the mall. Do neighbors know and trust one another? Do they look out for one another?)	4.09
7. Are there networks of support for individuals and families (neighbors, support groups, faith community outreach, agencies, or organizations) during times of stress and need?	3.81
8. Do all individuals and groups have the opportunity to contribute to and participate in the community's quality of life?	3.68
9. Do all residents perceive that they — individually and collectively — can make the community a better place to live?	3.46
10. Are community assets broad-based and multi-sectoral? (There are a variety of resources and activities available county-wide)	3.44
11. Are levels of mutual trust and respect increasing among community partners as they participate in collaborative activities to achieve shared community goals?	3.42
12. Is there an active sense of civic responsibility and engagement, and of civic pride in shared accomplishments? (Are citizens working towards the betterment of their community to improve life for all citizens?)	3.44

Homework



- Community Themes and Strengths Assessment
 - Due Tuesday, April 19th
- Forces of Change Assessment
 - Due Tuesday, April 19th
- Local Public Health System Assessment (LPHSA)
 - Due Tuesday, April 19th
 - Health Department only!
- Quality of Life Survey
 - Due Tuesday, May 10th
 - Post on agency website, social media, newsletters, etc.

Next Meeting Agenda

- Next meeting date:
 - Friday, April 22nd @9a-11a
- Tasks for meeting #2:
 - Community Themes and Strengths results (sent via SurveyMonkey to committee)
 - Forces of Change results (sent via SurveyMonkey to committee)
 - LPHSA results (sent via SurveyMonkey for Health Department only)

Questions or Comments?

Thank you!