

WIC

What is WIC?

- WIC is for women, infants and children
- Provides nutrition education and breastfeeding support
- Provides milk, eggs, whole grains, peanut butter, fruits and vegetables and other nutritious foods to eligible participants.

To receive Wood County WIC benefits you must meet the following guidelines:

- Be a resident of Wood County
- Be within WIC Income guidelines or receive Medicaid, food stamps or Ohio Works First
- At medical or nutritional risk as determined by a WIC Health Professional
- Be pregnant, breastfeeding or have had a baby within the last 6 months.
- Be an infant or child up to 5 years of age.

Breastfeeding support is offered through breastfeeding classes, referral to support groups and trained staff.

We encourage you to have your child immunized as part of providing the very best health care possible. Give your child a shot at good health.

Ohio WIC Income Guidelines

based on gross income

Household Members	Annual	Monthly	Biweekly	Weekly
1	\$21,978.00	\$1,832.00	\$846.00	\$423.00
2	\$29,637.00	\$2,470.00	\$1,140.00	\$570.00
3	\$37,296.00	\$3,108.00	\$1,435.00	\$718.00
4	\$44,955.00	\$3,747.00	\$1,730.00	\$865.00
5	\$52,614.00	\$4,385.00	\$2,024.00	\$1,012.00
6	\$60,273.00	\$5,023.00	\$2,319.00	\$1,160.00

