

Adult | TREND SUMMARY

Adult Variables	Wood County 2008	Wood County 2012	Wood County 2015	Ohio 2013	U.S. 2013
Health Status					
Rated health as excellent or very good	53%	62%	59%	50%	52%
Rated general health as fair or poor	11%	9%	10%	18%	17%
Rated their mental health as not good on four or more days	23%	29%	16%	N/A	N/A
Average days that physical health not good in past month	N/A	3.0	1.6	3.9**	3.7**
Average days that mental health not good in past month	N/A	3.8	1.9	3.9**	3.5**
Health Care Coverage					
Uninsured	8%	15%	6%	14%	17%
Arthritis, Asthma, & Diabetes					
Has been diagnosed with arthritis	33%	27%	29%	30%	25%
Has been diagnosed with diabetes	7%	8%	6%	11%	11%
Has been diagnosed with asthma	17%	13%	15%	14%	14%
Cardiovascular Health					
Had angina	N/A	N/A	4%	5%	4%
Had a heart attack	N/A	N/A	4%	5%	4%
Had a stroke	N/A	N/A	3%	4%	3%
Has been diagnosed with high blood pressure	35%	30%	26%	34%	31%
Has been diagnosed with high blood cholesterol	31%	31%	30%	38%	38%
Had blood cholesterol checked within the past 5 years	69%	69%	73%	78%	76%
Weight Status					
Obese	30%	30%	22%	30%	29%
Overweight	40%	36%	42%	35%	35%
Ate 5 or more servings of fruits/vegetables per day	N/A	16%	7%	21%***	23%***
Alcohol Consumption					
Had at least one alcoholic beverage in past month	63%	59%	68%	53%	55%
Binged in past month (5 or more drinks in a couple of hours on an occasion)	29%	24%	20%	17%	17%
Tobacco Use					
Current smoker (currently smoke some or all days)	23%	11%	11%	23%	19%
Former smoker (smoked 100 cigarettes in lifetime & now do not smoke)	33%	23%	18%	25%	25%
Tried to quit smoking	52%	44%	59%	N/A	N/A
Drug Use					
Adults who used marijuana in the past 6 months	5%	6%	3%	N/A	N/A
Adults who misused prescription drugs in the past 6 months	6%	10%	6%	N/A	N/A
Adults who used other recreational drugs in the past 6 months	5%	6%	<1%	N/A	N/A

N/A - not available

* 2012 BFRSS Data, **2010 BRFSS Data, ***2009 BRFSS Data

Adult Variables	Wood County 2008	Wood County 2012	Wood County 2015	Ohio 2013	U.S. 2013
Preventive Medicine					
Had a pneumonia vaccine (age 65 and older)	57%	64%	53%	71%	70%
Had a flu vaccine in the past year (ages 65 and over)	73%	64%	76%	63%	63%
Had a clinical breast exam in the past two years (age 40 and older)	70%	91%	74%	75%**	77%**
Had a mammogram in the past two years (age 40 and older)	67%	82%	73%	74%*	74%*
Had a pap smear in the past three years	75%	79%	68%	78%*	78%*
Had a digital rectal exam within the past year	21%	31%	9%	N/A	N/A
Had a PSA test in within the past two years (age 40 & over)	N/A	60%	55%	N/A	N/A
Quality of Life					
Limited in some way because of physical, mental or emotional problem	25%	37%	25%	21%	20%
Mental Health					
Two or more weeks in a row felt sad or hopeless	11%	12%	5%	N/A	N/A
Oral Health					
Adults who have visited the dentist in the past year	64%	74%	74%	68%*	67%*

N/A - not available

* 2012 BFRSS Data

**2010 BFRSS Data

Youth | TREND SUMMARY

Youth Variables	Wood County 2008 (6 th -12 th)	Wood County 2012 (6 th -12 th)	Wood County 2015 (6 th -12 th)	Wood County 2015 (9 th -12 th)	Ohio 2013 (9 th -12 th)	U.S. 2013 (9 th -12 th)
Weight Control						
Obese	16%	13%	17%	18%	13%	14%
Overweight	11%	11%	15%	16%	16%	17%
Described themselves as slightly or very overweight	30%	27%	29%	30%	28%	31%
Trying to lose weight	44%	48%	41%	43%	47%	48%
Exercised to lose weight	N/A	50%	43%	42%	61%‡	61%‡
Ate less food, fewer calories, or foods lower in fat to lose weight	N/A	32%	27%	29%	43%‡	39%‡
Went without eating for 24 hours or more	11%	6%	3%	5%	10%	13%
Took diet pills, powders, or liquids without a doctor's advice	5%	1%	1%	1%	5%	5%
Vomited or took laxatives	3%	1%	2%	3%	5%	4%
Ate 1 to 4 servings of fruits and vegetables per day	N/A	79%	80%	83%	85%‡	78%‡
Physically active at least 60 minutes per day on every day in past week	N/A	28%	28%	27%	26%	27%
Physically active at least 60 minutes per day on 5 or more days in past week	N/A	52%	49%	48%	48%	47%
Did not participate in at least 60 minutes of physical activity on any day in past week	N/A	11%	14%	16%	13%	15%
Watched TV 3 or more hours per day	43%	43%	35%	38%	28%	33%
Unintentional Injuries & Violence						
Carried a weapon in past month	10%	10%	10%	11%	14%	18%
Been in a physical fight in past year	28%	20%	16%	15%	20%	25%
Electronically/cyber bullied in past year	12%	13%	9%	9%	15%	15%
Bullied in past year	46%	42%	38%	36%	N/A	N/A
Bullied on school property in past year	N/A	N/A	22%	20%	21%	20%
Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in past year	4%	6%	3%	3%	7%	9%‡
Mental Health						
Youth who had seriously considered attempting suicide in the past year	9%	9%	16%	19%	14%	17%
Youth who had attempted suicide in the past year	4%	4%	6%	6%	6%	8%
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (of all youth)	1%	1%	2%	2%	1%	3%
Youth who felt sad or hopeless almost every day for 2 or more weeks in a row	21%	20%	26%	31%	26%	30%

* Comparative YRBS data for Ohio and U.S. is 2011, ‡ Comparative YRBS data for Ohio is 2007 and U.S. is 2009
N/A – Not available

TRENDS SUMMARY

Youth Variables	Wood County 2008 (6 th -12 th)	Wood County 2012 (6 th -12 th)	Wood County 2015 (6 th -12 th)	Wood County 2015 (9 th -12 th)	Ohio 2013 (9 th - 12 th)	U.S. 2013 (9 th - 12 th)
Alcohol Consumption						
Ever tried alcohol	61%	48%	44%	58%	71%*	66%
Current drinker	30%	23%	16%	23%	30%	35%
Binge drinker (of all youth)	21%	12%	7%	11%	16%	21%
Drank for the first time before age 13 (of all youth)	24%	18%	11%	12%	13%	19%
Rode with someone who was drinking	18%	17%	13%	14%	17%	22%
Drank and drove (of youth drivers)	6%	3%	4%	4%	4%	10%
Obtained the alcohol they drank by someone giving it to them	N/A	41%	33%	35%	38%	42%
Tobacco Use						
Ever tried cigarettes	35%	27%	21%	28%	52%*	41%
Current smokers	15%	11%	5%	7%	15%	16%
Tried to quit smoking (of youth smokers)	41%	55%	46%	45%	56%*	48%
Smoked cigarettes on 20 or more days during the past month (of all youth)	7%	3%	1%	2%	7%	6%
Smoked a whole cigarette for the first time before the age of 13 (of all youth)	10%	9%	6%	6%	14%*	9%
Sexual Behavior						
Ever had sexual intercourse	31%	32%	27%	42%	43%	47%
Used a condom at last intercourse	74%	76%	69%	71%	51%	59%
Used birth control pills at last intercourse	28%	41%	33%	36%	24%	19%
Did not use any method to prevent pregnancy during last sexual intercourse	13%	11%	7%	6%	12%	14%
Had four or more sexual partners (of all youth)	7%	6%	6%	8%	12%	15%
Drank alcohol or used drugs before last sexual intercourse (of sexually active youth)	20%	18%	13%	12%	18%	22%
Had sexual intercourse before age 13 (of all youth)	4%	4%	3%	3%	4%	6%
Drug Use						
Youth who used marijuana in the past month	12%	12%	8%	13%	21%	23%
Ever used methamphetamines	3%	2%	<1%	1%	6%‡	3%
Ever used cocaine	4%	4%	1%	2%	4%	6%
Ever used heroin	2%	3%	0%	0%	2%	2%
Ever used steroids	3%	3%	1%	1%	3%	3%
Ever used inhalants	11%	7%	3%	4%	9%	9%
Ever misused medications	15%	11%	6%	8%	N/A	N/A
Ever used ecstasy/MDMA	N/A	4%	2%	2%	N/A	7%
Ever been offered, sold, or given an illegal drug by someone on school property in the past year	13%	8%	5%	7%	20%	22%
Preventive Care						
Ridden with someone who had been drinking alcohol in past month	18%	17%	13%	14%	17%	22%
Drove a car after drinking alcohol (of all youth drivers)	6%	3%	4%	4%	4%	10%
Visited a dentist for a check-up within the past year	71%	82%	79%	79%	75%	N/A
Suffered blow or jolt to head	N/A	N/A	13%	15%	12%	N/A

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N/A - Not available